



# Chicken Wings & Potato Puffs

## Nutritional Information

 <b>HONG KONG NUTRITION INFORMATION</b> December 2020										
AVG QTY PER SERVING	Serving Size (g)	Energy (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fibre (g)	Sugars (g)	Sodium (mg)
<b>Snacks &amp; Sides</b>										
Chicken Wing Root	48	92	7.3	6.7	0.0	44	0.7	0.0	0.7	150
Chicken Wing	43	74	7.3	4.7	0.0	39	0.7	0.0	0.7	219
Potato Puffs	82	729	2.0	9.8	2.3	1.7	19.5	2.8	0.8	257

The nutrition information listed here is based on standard recipes and product formulations, however slight variations may occur due to the season of the year, use of an alternate supplier, region of the country and/or small differences in product assembly.

 <b>HONG KONG NUTRITION INFORMATION</b> December 2020										
AVG QTY PER 100g	Serving Size (g)	Energy (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Carbohydrates (g)	Dietary Fibre (g)	Sugars (g)	Sodium (mg)
Chicken Wing Root	100	191	15.2	13.9	0.0	91	1.5	0.0	1.5	312
Chicken Wing	100	173	16.9	11.0	0.0	91	1.7	0.0	1.7	509
Potato Puffs	100	889	2.4	11.9	2.8	2.1	23.8	3.4	1.0	314

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# Allergens



## Hong Kong Food Allergen Information (December 2020)

This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This chart does not include regional or special promotional items as ingredients vary. We go to great lengths to identify allergens in the food we prepare. However, we are unable to guarantee that any items sold are free from the listed allergens. There is always a risk that allergens may be transferred to items from our menu during processing, storage or preparation in our restaurants. Individual food items may come into contact with one another and this is not reflected on the Allergen Guide.

	Cereals containing Gluten	Crustacean	Egg	Fish	Soybean	Peanut	Milk	Tree Nuts	Sulphites
<b>Snacks &amp; Sides</b>									
Chicken Wing/Chicken Wing Root					●				
Potato Puffs									
● Contains									
* May contain traces									