
										
	Serving Size (g)	Energy (kcal)	Protein(g)	Total Fat (g)	Sat. Fat (g)	Chol. (mg)	Carb. (g)	Dietary Fiber (g)	Sugars (g)	Sodium (mg)
Per Serving										
LTO										
Snow Crab Sub on White	188	278	12	7	0	0	41	3	5	499
Snow Crab Sub on Wheat	190	277	12	7	0	0	40	4	5	531
Snow Crab Wrap (Spinach tortilla)	186	346	14	14	4	0	37	2	3	1180

										
	Serving Size (g)	Energy (kcal)	Protein(g)	Total Fat (g)	Sat. Fat (g)	Chol. (mg)	Carb. (g)	Dietary Fiber (g)	Sugars (g)	Sodium (mg)
Per 100g										
LTO										
Snow Crab Sub on White	100	148	7	4	0	0	22	2	2	265
Snow Crab Sub on Wheat	100	146	7	4	0	0	21	2	2	280
Snow Crab Wrap (Spinach tortilla)	100	186	8	7	2	0	20	1	2	635